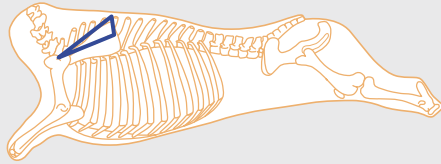


Blade Steak

Code:

Chuck V006



1. The blade muscle is situated in the forequarter as illustrated.

2. Blade muscle trimmed of all fat, excess gristle and connective tissue.

3. Cut into steaks of even thickness.

